Living Conditions Surveys, health, illness and medical care by period, region, indicator, observations and sex.

|  | Proportion of persons in percent |  |  | Estimated numbers in thousands |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | men and women | men | women | men and women | men | women |
| 2008-2010 |  |  |  |  |  |  |
| Västerbotten county council |  |  |  |  |  |  |
| good health | 75.2 | 80.6 | 69.9 | 169 | 90 | 79 |
| poor health | 5.5 | 4.5 | 6.5 | 12 | 5 | 7 |
| difficult problems from a long-term illness | 14.3 | 7.8 | 20.9 | 32 | 9 | 24 |
| serious pain in back or hips | 12.2 | 9.0 | 15.4 | 27 | 10 | 17 |
| serious pain in shoulders, neck | 12.6 | 6.3 | 18.9 | 28 | 7 | 21 |
| serious pain in hands, elbows or | 10.9 | 4.2 | 17.7 | 24 | 5 | 20 |
| knees |  |  |  |  |  |  |
| serious pain (total) | 22.6 | 14.1 | 31.2 | 51 | 16 | 35 |
| problems of anxiety, worry, fear | 17.8 | 11.3 | 24.3 | 40 | 13 | 28 |
| serious problems of anxiety, worry, fear | 4.5 | 3.2 | 5.9 | 10 | 4 | 7 |
| sleeping disorders | 26.2 | 17.6 | 34.8 | 59 | 20 | 39 |
| diseases of the respiratory system | 6.6 | 5.9 | 7.3 | 15 | 7 | 8 |
| diseases of the circulatory system | 20.5 | 18.3 | 22.6 | 46 | 20 | 26 |
| heart disease | 5.7 | 5.9 | 5.5 | 13 | 7 | 6 |
| high blood pressure | 14.1 | 11.2 | 17.0 | 32 | 13 | 19 |
| endocrine diseases | 8.5 | 5.9 | 11.0 | 19 | 7 | 12 |
| diabetes | 4.2 | 4.4 | 4.1 | 9 | 5 | 5 |
| diseases of the skin | 1.5 | 0.8 | 2.1 | 3 | 1 | 2 |
| diseases of the digestive system | 3.7 | 1.6 | 5.7 | 8 | 2 | 6 |
| diseases of the nervous system and the sensory organs | 5.0 | 3.5 | 6.4 | 11 | 4 | 7 |
| diseases of the musculoskeletal system and connective tissue | 13.9 | 8.0 | 19.7 | 31 | 9 | 22 |
| motor disabilities | 6.5 | 3.1 | 9.8 | 15 | 3 | 11 |


| serious motor disabilities | 3.8 | 2.5 | 5.1 | 9 | 3 | 6 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| impaired hearing | 20.0 | 22.2 | 17.7 | 45 | 25 | 20 |
| impaired vision | 5.1 | 3.4 | 6.8 | 11 | 4 | 8 |
| overweight or obese | 43.5 | 53.0 | 33.5 | 98 | 59 | 38 |
| obese | 10.0 | 9.4 | 10.6 | 22 | 11 | 12 |
| doctor appointments during a three-month period | 27.7 | 25.2 | 30.2 | 62 | 28 | 34 |
| dentist appointments during a 12month period | 55.7 | 54.6 | 56.8 | 125 | 61 | 64 |
| thought medical care was required during last 12 months but did not seek medical care | 12.4 | 8.4 | 16.4 | 28 | 9 | 19 |
| thought dental care was required during last 12 months but did not seek dental care | 9.2 | 8.9 | 9.6 | 21 | 10 | 11 |
| smoke daily | 9.6 | 8.9 | 10.2 | 21 | 10 | 12 |
| take snuff daily | 16.3 | 22.7 | 9.9 | 37 | 25 | 11 |
| smoke and/or take snuff daily | 24.8 | 29.9 | 19.8 | 56 | 33 | 22 |

